

Living Like Jesus:
Help My Unbelief
March 22, 2026

Mark 9:14- 29

Key Point: The balance between faith and doubt

What theological idea, thought, or message about God do you struggle with?

What's your strategy to enhance faith and minimize doubt? _____

Why did Jesus take Peter, James and John to the mountain? _____

When Jesus came down from the mountain (v.17), what were the people arguing about?

In v.19, would you say Jesus' tone was harsh toward the people? Why or why not?

If you believe Jesus' tone was harsh, what was he exposing?

- a) The unkind words they were saying to each other
- b) They weren't worshipping on the Sabbath
- c) The unbelief surrounding him
- d) The disciples' failure to heal the boy

How would you categorize the father's faith?

- a) Some faith
- b) A little faith
- c) No faith
- d) Blind faith

With the lack of faith shown by everyone, did Jesus require anything before healing the boy? _____

Ways Jesus helps us in our unbelief:

1. Jesus Meets us in the Chaos of Life:

2. Jesus Exposes the Real Struggle: Unbelief:

3. Honest Faith Brings Our Doubt to Jesus:

4. Spiritual Power Requires Dependence on God:

Application:

- 1. Bring your struggles honestly to Jesus
- 2. Focus on the power of Christ, not the weakness of your faith
- 3. Depend on God through prayer